Annals of Clinical and Medical Case Reports

Clinical Image

ISSN 2639-8109 |Volume 11

Corneal Perforation in Mooren Ulcer

Jinfu C1 and Chen L2*

¹Clinical College of Ophthalmology, Tianjin Medical University, Tianjin, China ²Tianjin Eye hospital, Tianjin, China

*Corresponding author:

Luxia Chen, Tianjin Eye hospital, Tianjin, China Received: 05 Oct 2023 Accepted: 06 Nov 2023 Published: 14 Nov 2023 J Short Name: ACMCR

Copyright:

©2023 Chen L. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and build upon your work non-commercially

Citation:

Chen L, Corneal Perforation in Mooren Ulcer. Ann Clin Med Case Rep. 2023; V11(12): 1-2

1. Clinical Images

A 57-year-old woman presented to ophthalmologist with pain, redness with diminution of vision, of her left eye over a period of last 5 months. On examination, the visual acuity was 20/20 in the right eye and counting fingers in the left eye. Slit-lamp revealed a large perforation of temporal cornea with prolapse of the iris. The corneal ulceration extending from 10 o'clock to 7 o'clock, which there was no sclera involvement no sclera involvement and absence of other ocular infections or systemic diseases. A diagnosis of Mooren's ulcer with corneal perforation was made clinically based on the features [1, 2]. The disease is more common in southern Africa, India and the Far East [3] (Figure 1).

Depending on the current disease progression, immunosuppressants and glucocorticoids are generally applied clinically and combined with surgical treatment on this basis [2]. Treatment was initiated with subconjunctival injection dexamethasone 3mg once per day, followed by putting on a bandage contact lens, patch up for the left eye and oral prednesolone 1mg/kg body weight. Two days later, the patient was received surgical treatment with double lamellar keratoplasty. The procedure was performed using a lenticule with diameter of 5.5mm as a patch graft for the corneal perforation and a whole lamellar graft with diameter of 10.5mm graft for keratoplasty.

The patient was kept on long-term Tacrolimus eye drops twice a day for 8-month. At a 8-month follow-up, the cornea remained stable with acceptable scarring and a normal anterior chamber, with a vision of 20/60 in the left eye (Figure 2).



Figure 1: Mooren's ulcer presenting with perforation



Figure 2: Ocular surface at follow-up

References

- Sharma N, Sinha G, Shekhar H, Titiyal JS, Agarwal T, Chawla B, et al. Demographic profile, clinical features and outcome of peripheral ulcerative keratitis: a prospective study. Br J Ophthalmol. 2015; 99(11): 1503-8.
- Dong YL, Zhang YY, Wang XC, Xie LX. Clinical features, treatment distribution and outcomes of Mooren's ulcer]. Zhonghua Yan Ke Za Zhi. 2019; 55(2): 127-33.
- Srinivasan M, Zegans ME, Zelefsky JR, Kundu A, Lietman T, Whitcher JP, et al. Clinical characteristics of Mooren's ulcer in South India. Br J Ophthalmol. 2007; 91(5): 570-5.